

Foundation for Reproductive Health Services India (FRHS India) initiated its operations in the state of Uttar Pradesh with one district in 2013 and has been working closely with the Government of Uttar Pradesh since then. Our endeavour is to improve access to affordable high quality sexual and reproductive health services among socially and economically vulnerable populations in the state. We currently provide a range of family planning services in 274 public sector sites in 32 districts of the state covering a population of over 99.8 million.

In 2020, following the nationwide lockdown since 25th March, most private and NGO healthcare providers had been non-functional in the state, for most of April. Only a few clinics provided safe abortion and post-abortion family planning services in April. Further, restrictions on mobility had resulted in reduced access to safe abortion services in Uttar Pradesh.

As per our 'Policy Brief on Impact of COVID-19 on Family Planning', it was estimated that 5,979,357 clients would be unable to access contraception resulting in 527,227 unintended pregnancies, 184,985 unsafe abortions and 387 maternal deaths during the pandemic. With our advocacy efforts, safe abortion was listed as an 'essential service' during the lockdown, which helped the clients in the state to access the services. In spite of all the restrictions, we served 29,270 clients in the state through 9 Clinical Outreach Teams and 1 Clinic in 2020.

Sexual and Reproductive

Health Indicators



Total Unmet Need for Contraceptives





*Source: International Institute for Population Sciences (IIPS) and ICF. 2017. National Family Health Survey (NFHS-4), 2015-16: India. Mumbai: IIPS

Our Service Delivery Channels

Clinical Outreach Team (COT)



A fully staffed and equipped team providing a full range (spacing, long-acting reversible and permanent methods) of family planning choices to clients in public sector sites.

Family Health Centres/Clinics



A one-stop facility offering an entire range of high quality family planning and reproductive health services in Bareilly, for free, along with safe abortion services that are affordable.

Our Clients and Their Experiences



of our clients are satisfied with our services



clients believe
FRHS India exceeded
their expectations



of clients never used family planning



of clients did not have any other provider available for their method



of our clients are living under extreme poverty



OUR IMPACT IN 2020



365,467 Couple Years of Protection (CYPs) generated



15,062 Unintended Pregnancies averted



5,449 Unsafe Abortions averted



Maternal Deaths

Standing by Our Clients in Times of COVID

Reena (name changed), a client from Uttar Pradesh, already had three children and due to poor socio-economic conditions, felt, she would not be able to raise another one. She was informed about FRHS India by her sister who had earlier received services from the Bareilly clinic and was quite satisfied. Reena told this to her husband and both of them decided to make an arduous journey of 45 km on a two wheeler to seek abortion services from the FRHS India clinic in Bareilly.

On their way to Bareilly, they were stopped every few kilometres by policemen who were monitoring the

lockdown on ground. Describing her condition to them, she was eventually able to reach the clinic and received comprehensive care.

When asked about her arduous journey, Reena shared, "FRHS India staff were constantly in touch with us throughout the journey and spoke to the policemen every time we were stopped, to ensure that we could reach the clinic. I am grateful that I had the choice, but unfortunately many women did not have the choice during the lockdown".

For more details, please contact: info@frhsi.org.in | Phone: 0522 - 4301448

State Office: 104, Paramount Apartment, New Berry Road, Lucknow - 226001, Uttar Pradesh

Headquarter: B-37, Gulmohar Park, New Delhi - 110049 | Phone: +91 11 49840000 | Website: www.frhsi.org.in Follow us on: ① @FoundationforReproHealthServicesIndia | ① Foundation for Reproductive Health Services India